Beat: Vips

Sharon Stone, Alfre Woodard, and Jane Fonda Disrupt Aging in AARP The Magazine

Ladies beat Hollywood s ruthless ageism

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USPA NEWS - Sharon Stone, Alfre Woodard, and Jane Fonda are living proof that your post-50 years are what you make of them. From Fonda's 15th Golden Globe nomination last year and Woodard and Stone's leap into the world of Marvel, these women have been working hard to break through the age barriers...

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The following are excerpts from the June/July issue of the AARP The Magazine cover story featuring Jane Fonda, Alfre Woodard, and Sharon Stone :

On changing their game in Hollywood :

* Sharon Stone: 'I've stopped questioning everything, and that gives me a lot more room to breathe. I think it's just getting comfortable in your self "" in everything, but certainly the work.'
* Alfre Woodard: 'What people are calling my gift is my ability to surrender what is there for absolutely everybody. What we call our talent. We surrender to different talents. And that's the decision.'
* Jane Fonda: 'Last year I thought, 'I can't very well leave the business now and never come back. Maybe I should find out what's up.' So I went into therapy and got an acting coach.'

With nearly 36 million readers, AARP The Magazine is the world's largest circulation magazine and the definitive lifestyle publication for Americans 50+. AARP The Magazine delivers comprehensive content through health and fitness features, financial guidance, consumer interest information and tips, celebrity interviews, and book and movie reviews. AARP The Magazine was founded in 1958.

Source : AARP

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